

Update from Public Health Wales:

Wider Symptoms

Public Health Wales have now confirmed a wider range of symptoms that are possibly related to Covid-19. These include:

- Feeling unusually tired
- General 'flu-like aches and pains (myalgia)
- Sore throat and / or hoarseness
- Shortness of breath or wheezing
- Persistent headache
- Runny or blocked nose
- Feeling sick (nausea), vomiting or diarrhoea

If one or more of the wider symptoms BUT NOT ONE OF THE THREE MAIN SYMPTOMS is present, then a PCR (not Lateral Flow) test should be booked.

As usual, if your child is showing ONE OF THE THREE MAIN SYMPTOMS then a PCR test should be booked.

Main symptoms:

- a high temperature
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

We have just over three weeks until we finish. We have been extremely careful in school looking after everyone's health so please take note of the above information.

Thank you for your continued support.