



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

Being a Parent

Group

- Have you felt isolated recently?
- Has your children's behaviour changed?
- Would you like help to support your children during Covid?

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We may have the group for you....

Join our virtual course run by fully trained and supported local parents
An opportunity to meet other parents going through similar experiences
Practical support for the day to day challenges of being a parent
Share ideas with other parents

Topics we will cover

Play

Feelings

Being a parent

Understanding children's behaviour



**STARTING AFTER FEBRUARY
2021 HALF TERM**

**CONTACT EMMA FOR MORE INFORMATION
07584 533111
EMMA.BLACKLOCK@FLINTSHIRE.GOV.UK**